



# CHRISM

FOR A THRIVING PRIESTHOOD



## INTEGRATED FORMATION & SUPPORT FOR A THRIVING PRIESTHOOD

“The priest is not a priest for himself; he does not give himself absolution; he does not administer the sacraments to himself. He is not for himself, he is for you.”

Saint John Vianney

Chrism provides ongoing, integrated formation and support for priests, bishops, and seminarians.

Our approach is simple:

**GOD KNOWLEDGE → SELF KNOWLEDGE → SELF POSSESSION → SELF GIFT**

A thriving priesthood is one where our spiritual fathers are happy, healthy and holy in their vocations.

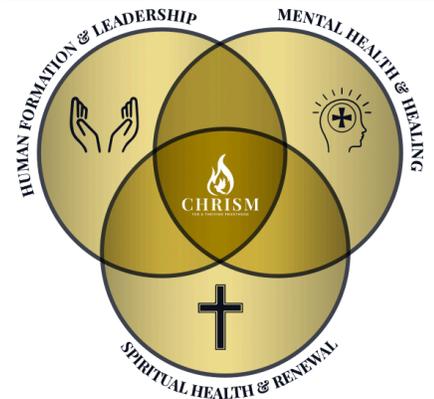
**Happy** - Joyful and fulfilled in their vocation to the priesthood

**Healthy** - Confident and equipped with skills to lead and evangelize

**Holy** - Continually growing closer to the heart of Jesus Christ

Our offerings are designed to build up a thriving priesthood by pouring into the individual men and collective presbyterate of your diocese. We provide ongoing, integrated formation in the areas of human formation & leadership, mental health & healing, and spiritual health & renewal.

## THE CHRISM MODEL



## INTEGRATED FORMATION COHORTS

In a short period of time, Chrism can give your presbyterate an opportunity to go from surviving to thriving by participating in our integrated cohorts and coaching. Our cohorts help priests grow in self knowledge and self possession, empowering them to make a great gift of self in their priestly ministry.

Priests in your diocese will be invited on a 12-month journey to grow in holiness, human formation, leadership and unity. We start with an in-person retreat with the priests new to Chrism to help them grow in self-awareness of their strengths and weaknesses as well as lay out their path for growth moving forward. These men complete clergy surveys and assessments to understand where they stand among three key areas of priestly flourishing: human formation, mental health, and spiritual renewal. Integrated Formation Cohorts consist of 4-6 priests who meet once a month to engage in fraternity, brotherhood, prayer and accountability. These cohorts progress through our 12 month track that covers key aspects of integrated formation, including topics such as:

- Unifying Your Parish and Your Presbyterate
- Recognizing and Preventing Burnout in Your Priesthood
- Cultivating the Virtues Required of an Apostolic Priest
- Your Unique Design: The 6 Working Genius & 4 Temperaments
- Consistency and Growth in Your Personal Prayer Life
- Understanding Your Wounds and Starting the Path to Healing
- Uncomfortable Conversations: Following Jesus' Model for Healthy Conflict
- Building a Healthy Team & Overcoming the Five Dysfunctions of a Team
- Developing a Clear Path of Discipleship
- Transition Management: Leading through Change
- Discerning and Communicating a Clear Vision
- Maintaining Spiritual and Mental Health as a Priest



“So, being affectionately desirous of you, we were ready to share with you not only the gospel of God but also **our very selves**, because you had become very dear to us.”

1 Thessalonians 2:8

# PRIEST CONVOICATIONS & WORKSHOPS

Chrism provides in person and virtual workshops for priest convocations and clergy days to train and form men on various aspects of human formation and priestly ministry. These presentations are dynamic and engaging, allowing time for discussion among the presbyterate. Frequency and workshop topics can be determined with input and discernment from diocesan leaders. Workshop & keynote topics include:

## **Change Management: Navigating Transitions as a Priest**

Utilizing Bill Bridge's transition management model, we walk priests through the 3 stages of transitions: endings, the neutral zone and new beginnings. In order for priests to lead the faithful through changes, they need to go through the process themselves first.

## **Making a Gift of Self in Your Priesthood**

"Man does not fully find himself except through a sincere gift of himself." In this session, we unpack what it practically means to make a sincere gift of self in the vocation of the priesthood by examining the example of Jesus, St. Paul, St. John Paul II, and St. John Vianney.

## **The 6 Working Genius: Understanding Your God-Given Genius**

The 6 Working Genius model helps a priest understand the types of work that give him the most joy and energy. Each priest is uniquely designed with God-given talents and genius to bring to his work and ministry. This model helps clergy utilize their own gifts and the gifts of others more confidently and effectively.

## **Your Unique Design: The Four Temperaments**

The Four Temperaments help priests better understand themselves and the people around them. Through this self-knowledge, a priest can better appreciate who he is and the unique, unrepeatable ways he was designed and created.

## **Your Own Journey of Discipleship as a Priest**

Each priest is on his own personal journey of discipleship, but too often priests lose sight of the need for their own ongoing conversion. In this presentation, we discuss the importance of remembering Christ as your "first love", the need for ongoing conversion, and the discipline required as a follower of Jesus.

## **Mastering the Art of Healthy Conflict**

Many priests struggle to navigate difficult conversations with charity and directness. In this session, we will discuss many of the difficult scenarios priests face as leaders and equip them with confidence and practical tools to better navigate conflict.

Additional workshop topics can be found under the list of integrated formation cohort content. Other themes can be arranged to meet the unique needs of your presbyterate.



"The world looks to the priest, because it looks to Jesus! No one can see Christ; but everyone sees the priest, and through him they wish to catch a glimpse of the Lord! Immense is the grandeur of the Lord!

**Immense is the grandeur and dignity of the priest!"**

Saint John Paul the Great

**“Man cannot fully find himself, except through a sincere gift of himself.”**

Gaudium et Spes 24



## ONE-ON-ONE COACHING

Priests engaged in Chrism cohorts will also receive monthly individual coaching sessions with an experienced clergy coach. One-on-one coaching includes the following:

- Monthly virtual meetings to provide customized support around cohort topics
- Individualized and customized plans for growth based on priest's needs and coach's observations
- Follow up content and resources
- Measurement of priest engagement and growth over 12 months

## ADDITIONAL OFFERINGS

### Executive Coaching & Leadership Team Coaching

Chrism provides executive coaching for diocesan leaders and teams. Utilizing Pat Lencioni's models for organizational health, we can coach your leaders and departments to be aligned, cohesive and healthy.

### “Leading Like Jesus” Workshop for Priests & Seminarians

Our intensive workshops provide men with the fundamentals of servant leadership through trainings, small group discussions and hands on experiences. This offering can be customized to meet the specific needs of a diocese.

### Spiritual Direction Network

Priests engaged in Chrism offerings have access to our exclusive network of spiritual directors. Our spiritual directors have been vetted for faithfulness and obedience to the Church and have a distinct charism for priests.

### Mental Health Support for Priests

Chrism partners with dioceses to ensure priests have access to mental health services rooted in Catholic values and tradition. We have curated a network of counselors and therapists to serve priests in their psychological needs.

